

JULY 2026

BROADLANDS

Official Newsletter of the Broadlands Homeowners Association



Happy 250th Birthday, America!

- Local Independence Day Activities, page 6
- Float Nights are July 2nd and 16th, page 8
- E-Bike and Micromobility Safety in Our Community, page 12



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EVERY MONTH

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Board of Directors Upcoming Meeting

Tuesday, July 14th - 6:00pm
Board Meetings Information

Monthly meetings are generally held on the second Tuesday of the month at 6:00pm. Residents are welcome to observe the public portion of meetings and to address the Board during the 'Homeowner Forum' section of the meeting. Check website for details.

Board of Directors June 9th Meeting Highlights

- Approved the minutes from the May 12, 2026 Board Meeting
- Approved a Children at Play sign on Hunstman Square
- Took no action regarding the request to remove or relocate an electric meter located within an easement on Ridgeway Drive
- Took no action regarding the request to replace the driveway apron on Millwick Terrace, as the delamination was determined to be cosmetic rather than structural
- Discussed faded shutter violations
- Approved the removal of the marquee message board at Claiborne Parkway and Broadlands Boulevard
- Approved a common area landscaping application
- Approved a playground repair and safety surfacing proposal from Playground Patrol
- Approved a proposal for snow and ice services for 2026-2028 winter seasons from Signature Decks
- Conducted hearings and assessed charges for outstanding violations
- Partially approved two violation charge waiver requests
- Reviewed delinquency reports
- Discussed staffing updates

These highlights are a summary only. To obtain copies of approved minutes, log into your account on FirstService Residential Connect. Owner access to the site is by registration at <https://broadlands.connectresident.com>. Owners will need to enter their account number, which can be found on their monthly coupon stubs.

JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Modification Subcommittee Meeting 7:00pm - Virtual	2 World UFO Day Float Night 5:00pm - SW	3 Independence Day (Federal Holiday Observed) HOA Offices Closed for Independence Day	4 Independence Day (Actual Date)
5	6	7 World Chocolate Day	8 Modification Subcommittee Submissions Due 12:00pm Events Committee Meeting 8:00pm - Virtual	9	10 Newsletter Submissions Due - 12:00pm Adult Bingo 6:30 pm (doors open at 6:00pm) - CC	11 All American Pet Photo Day
12	13	14 Bastille Day (France) HOA Board Meeting 6:00pm - CH or Virtual	15 National Hot Dog Day Modification Subcommittee Meeting 7:00pm - Virtual	16 Float Night 5:00pm - SW	17	18 Nelson Mandela Day
19 National Ice Cream Day	20 Colombian Independence Day	21	22	23	24 International Self Care Day	25
26 Parents' Day	27	28 Peru Independence Day	29 Modification Subcommittee Submissions Due 12:00pm	30 International Day of Friendship Float Night 5:00pm - SW	31	

Key: AO=HOA Administrative Office; CC=Community Center; CH=Clubhouse; SW - Southern Walk Pool

Friendly Reminder: Monthly Assessment Payments

I spend a lot of time reviewing homeowner accounts to identify the origination of a delinquency or late fee. These are often timing errors for owners setting up their payment dates. To help keep our community running smoothly, I'd like to remind all homeowners about the timing of monthly assessment payments and share a few tips to avoid late fees.

Payment Schedule

Monthly assessments are due on the 1st of each month, and a grace period is provided until the 10th. Payments received after the 10th are subject to a late fee and will trigger a late notice letter.

Important Note About Payment Processing

I've noticed a number of residents have their payments scheduled to be paid on the 10th of the month. While this seems like it falls within the grace period, electronic payments often take 2–3 business days to process. This means that a payment scheduled for the 10th may not be received and posted until after the 10th, resulting in unintentional late fees and notices.

How to Avoid Late Fees

To ensure your payment is received on time, schedule ACH payments no later than the 6th of the month to allow for processing time. Even better, consider scheduling your payment before the 1st to avoid any timing issues entirely.

Take a Moment to Review Your Account

We encourage all homeowners to log in to their portal at clickpay.com/custom/fsr, review their payment settings, verify their payment date and processing timing, and check that their account balance is current.

Set It and Forget It with Auto Pay

For maximum convenience and peace of mind, enroll in ClickPay's Auto Pay and choose the "Pay Full Amount" option. This ensures your payments are always on time and means you don't need to update your payment if assessment amounts change from year to year.

Thank you for your attention to this important matter and for helping keep our community running efficiently!

Sarah

Sarah Gerstein, CMCA, AMS, LSM, PCAM
General Manager



FOURTH OF JULY EVENTS

FREEDOM

STARS

FIREWORKS

STRIPES

SPARKLERS

INDEPENDENCE

LOVETTSVILLE (July 3)

Downtown Parade • 5:30pm
**Community Center Celebration
 & Pool Bash • 6:30pm**
**Lovettsville Park Fireworks •
 9:30pm**

LEESBURG (July 4)

Downtown Parade • 10:00am
**Ida Lee Park Concert &
 Fireworks • 6:00pm**

MIDDLEBURG (July 4)

**Downtown Celebration &
 Fireworks • 6:00pm**

PURCELLVILLE (July 4)

Downtown Parade • 11:00am
**Franklin Park Celebration &
 Fireworks • 5:00pm**

STERLING (July 4)

**Claude Moore Park Fourth Fest
 • 10:30am**

Notary Services Available From HOA Office

Notary services are available at the HOA office, Monday - Friday, by appointment only. The fee is \$5.00 per notarized document and may be paid by cash, debit or credit cards.



Appointments are offered between 9:30am and 3:30pm. To schedule an appointment, please call 703-729-9711.

To assure prompt service:

- Please sign all documents in the presence of the notary.
- Please bring a valid photo ID, such as a driver's license, passport, or U.S. military ID.
- All documents must be in English.
- If your documents require a witness, please arrange to bring one with you.

This service is provided to Broadlands' residents only.

Please Keep Common Areas Clean

Under Article 8, Section 8.2: (e) of the Declarations "No person shall place or cause or permit anything to be placed on or in any of the Common Area. Nothing shall be altered or constructed in or removed from the Common Area..."

- Please do not leave any personal items or items not intended by the HOA in the common areas. Our landscapers have been directed to remove and discard debris of all kinds from the common areas including forts. If any items are removed by the HOA they cannot be recovered.
- Additionally, do not discard any yard debris in the common areas such as leaves, branches, grass clippings, etc. You will be responsible to remove any yard debris if placed in the common area.
- Do not dump rubbish, waste matter, refuse, garbage, trash, dead animals or other debris of every kind and description. You will be responsible to remove any debris if placed in the common area.

Dog Owner Etiquette

As a responsible dog owner, it's important to manage your pet's behavior and follow certain rules of etiquette to ensure that you and your furry friend(s) are courteous members of the community. Following these guidelines can help you maintain good relationships with your neighbors and keep your dog safe and happy.

AS A RESPONSIBLE DOG OWNER...

SCOOP THE POOP

It is important to remember to always scoop the poop and properly dispose of it. Not only is it the courteous thing to do for your community, but it also helps keep public spaces clean and safe for everyone. So the next time you take your dog for a walk, be sure to bring along a bag or use one of our many Mutt Mitt stations to pick up and properly dispose of your pet's waste.

CALM YOUR BARK

It is important to be mindful of your pet's barking. Excessive barking can be a nuisance to your neighbors and disrupt the peace of the community. Avoid leaving them alone for extended periods as this can lead to boredom and excessive barking. If your dog does bark, be sure to address the issue promptly and consider using a bark collar or try seeking professional help if necessary. Remember, being a considerate dog owner means being mindful of your dog's impact on others.

DON'T UNLEASH THE HOUNDS

It is important to keep your dog on a leash when in public spaces. This not only ensures their safety but also the safety of others around them. Always keep your dog on a leash while walking them in public areas such as parks, sidewalks, or trails. Also, make sure to choose the right leash length for your dog's size and strength. Remember, keeping your dog on a leash is not only a matter of following the rules and a safe practice but also a matter of being courteous to others.

R-E-S-P-E-C-T

It is important to respect people who do not like dogs or are afraid of them. Even if you believe that your dog is friendly and harmless, not everyone may feel comfortable around them. It is important to be mindful of other people's feelings and avoid bringing your dog too close to them. If someone expresses their discomfort or fear around your dog, it is best to keep your dog at a safe distance or move away from them altogether. Remember, being a considerate dog owner means being respectful of others, even if they do not share your love for dogs.

JUNE 4 • JUNE 18 • JULY 2 • JULY 16 • JULY 30

Southern Walk Pool • 5:00pm - 9:00pm

2026

FLOAT NIGHT

Bring your floats and join us for games, music & float night fun!

Free to Broadlands pool members & their guests. Valid pool pass is required.

Float the night away listening to sounds from DJ Troy.

Chick-fil-A sandwiches & Bruster's ice cream for sale. Cash & cards accepted.

Broadlands Pool Management may restrict the use of water blasters, squirt guns, and certain toys, allowing only beach balls. Management can request the removal of oversized floats that pose safety threats and limit the number of floats in the pool.

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Middle School Pool Party!

Calling All Rising 6th, 7th & 8th Graders!

Come celebrate the end of summer with an evening of swimming, music, games, and fun with friends!

- Date: August 22nd
- Time: 6:30pm – 9:00pm
- Location: Southern Walk Pool

Bring your swimsuit, towel, and your friends for a great night at the pool! No parents allowed unless they are volunteering. Registration is required to attend.

We can't wait to see you there!



Dog Swim Event for Broadlands Residents

Wrap up the summer with a fun-filled swimming event for your four-legged friend! Your pup can enjoy exercise, socialization, and plenty of playtime while making new canine companions.

Date: September 12, 2026

Time: 9:00am - 1:00pm



Registration: \$7.00 per dog

Location: Summerbrooke Pool

**Owners must sign a liability waiver and bring proof of current rabies vaccination.*

Hosted in partnership with Stream Valley Vet Hospital.

Come make a splash and celebrate the end of summer with your favorite furry friend!

Girls' Night Out Paint & Sip Party

Date: November 6, 2026

Time: 6:00pm - 8:30pm

Price: \$45.00 per person

Location: Broadlands Community Center, 43004 Waxpool Road

Your registration includes:

- Small bites
- One non-alcoholic beverage
- A fun evening of painting and socializing
- BYOB (Bring Your Own Beverage)

Please Note:

- *Must be 21 years of age or older to attend*
- *Event is for Broadlands residents only*

Gather your friends and join us for a creative, relaxing evening filled with art, laughter, and great company!

Registration opens August 1.



Patriot Disposal Trash, Recycling, and Yard Waste Collection Schedule

Trash, Recycling, and Yard Waste Collection:

- Place containers out the night before collection day after 6:00pm or before 6:00am the day of pick up.
- Containers should be out of sight by 9:00am on the day following collection.

Trash Collection:

- Trash is collected on Mondays and Thursdays.

Recycling Collection:

- Recycling is collected on Thursdays.
- Recyclable materials can be co-mingled.
- Plastic bags CANNOT be recycled.
- Scrap metal – Please call Patriot Disposal to set pick-u day 1-703-257-7100: i.e. foil, pie tins, trays, pots and pans, small car parts, grills, bicycles, swings, etc.

Yard Waste Collection:

- Yard waste is collected on Mondays from March through December 24th.
- During January & February, yard debris (leaves, grass clippings, brush) may be mixed with trash. Yard waste may not be mixed with recycling.
- Grass clippings and leaves must be set out for pickup in lawn paper bags or in a bin.
- Brush must be less than 4 inches in diameter, cut into 4 foot lengths, and tied in small bundles or bagged.
- Food waste mixed in with yard waste will be accepted, as it can be composted.

Special/Bulk Pick-ups:

- Please contact Patriot Disposal, 1-703-257-7100 or customerservice@patriotdisposalservices.com, to arrange pickup of special/bulk items.
- Expect additional charges for special/bulk items.
- Special/Bulk items will be collected weekly.
- Examples of Special/Bulk items include appliances, mid to large furniture, and other large items.

Trash Containers Notice:

- *If trash containers are left in public view outside these approved times, violation notices may be issued, and continued noncompliance could result in a hearing before the Board of Directors.*

Exterior Modifications

Per Article 7, Section 7.5

(a) Additions, Alterations, or Improvements by the Owners -

"No person shall make any addition, alteration, or improvement in or to any Lot or any portion of the Property which is visible from the exterior of the Lot or such portion of the Property, without the prior written consent of the Covenants Committee."

If you are unsure if approval is required for your project, contact Robin Crews, Modifications/ Resale Manager at rcrews@broadlandshoa.com or 703-520-9902. The Committee meets virtually at 7:00pm on the first and third Wednesdays of the month March-October and the third week of the month November-February. *If you wish to attend a meeting, contact Robin Crew, rcrews@broadlandshoa.com.* Applications must be submitted by noon on the Wednesday before the meeting by emailing them to rcrews@broadlandshoa.com or delivering them to the HOA Office drop box at 21907 Claiborne Parkway.

Please review the Design Guidelines and submission requirements at broadlandshoa.org. *Failure to include all required information will delay review of your application.* Once the Committee has reached a decision, the results will be delivered via email. If an email address is not provided, results will be mailed. Emails will be sent from no-reply@email.smartwebs.com should you wish to add this email address to your contact list to ensure prompt delivery. Please check your inbox and junk/spam folders or contact the HOA office at 703-520-9902 if you have not received your results within 10 days following the meeting.



Are You Selling Your Home?

Save yourself time and aggravation by ensuring you have approved applications for all exterior changes or additions made on your property before listing your home. Walk around your home and look for any maintenance violations such as siding repair, exterior trim maintenance, deck/fence repair, fresh coat of paint or stain maintenance, mailbox unit repair, removal of any mildew, screen window repair or roof repair. Refer to your property plat to locate your property lines because you may have accidentally placed something in the common area that will need to be removed before settlement.

When you sell your home, you are required to request a resale disclosure package for the buyer.

Once the request has been executed, it notifies the HOA to come to your property to perform a resale inspection. The inspectors will look for any structures that have not been approved by the Modifications Subcommittee, that are not in compliance, and for maintenance violations. The results of the resale inspection are embedded in the resale disclosure package that is provided for the buyer. It is the seller's responsibility to rectify all violations found on the property before settlement of the home. If any violations are not rectified before settlement, then the new owner will be responsible.

There are submission procedures on the HOA website, broadlandshoa.org, to help guide you through the application process. Please refer to the online Design Guidelines for detailed information.

The Design Guidelines provide a framework to maintain design quality and encourage consistency throughout the community. If you have any questions about architectural modifications or your resale inspection results, please contact Modifications and Resale Manager Robin Crews at 703-520-9902 or rcrews@broadlandshoa.com.



Modifications Subcommittee Submission and Meeting Dates

Submission Deadline By Noon	Meeting Date
June 24th	July 1st
July 8th	July 15th
July 29th	August 5th
August 12th	August 19th
August 26th	September 2nd
September 9th	September 16th

Only applications with complete documentation received by the deadline will be reviewed at the next subcommittee meeting

Covenants Corner

Throughout the year, your covenants team inspects the homes in the community for a variety of issues, ranging from trash containers in view to parking issues to unapproved modifications to leftover holiday décor, to name a few. In addition, certain seasons dictate the need to focus on violations that occur with high frequency, such as lawn maintenance.

During the summer months as turf and plants become active, we will be focusing on lawn maintenance.

Lot owners and residents are required to mow, weed, and prune the front, back, and sides of their lots on a regular basis. Detailed and updated guidelines outlined in the Procedures and Standards Relating to Yard and Lawn Maintenance can be found at Broadlandshoa.org/rules-and-regulations. This resolution was adopted by the Board of Directors for the benefit and protection of all owners to ensure that all lot owners maintain their yards and lawns in a neat and orderly fashion.

The Primary reasons why you may receive a lawn violation letter from the Covenants Department are:

- Grass is taller than 6 inches
- Weeds and grass are in beds; weeds around property
- Overgrown or dead shrubbery or plant growth (including vines running along home)

Please Note:

- If a lawn violation is not corrected within 10 days and a Hearing is not requested, the HOA or its contractor may enter the lot and correct the violation. The cost incurred for the service, along with the administrative fee, will be applied to the owner's account.
- Please remember that lawn maintenance pertains to all parts of the property including FRONT, BACK, and SIDES.
- ALL violations stated in the notice must be corrected to prevent incurring violation charges.
- Association staff, contractors, officers and authorized parties are permitted to access the exterior of your property, front, back and sides, for inspections and lawn maintenance per the Declaration for Broadlands Association, Inc.

If you have questions regarding this process, or if you receive one of these letters and are unable to correct in the time allotted or have any questions, please contact us at 703-520-9903 or suzanrodano@broadlandshoa.com.

Thank you for all your efforts in helping to keep our community beautiful.



HOME CHECKLIST

Clean and Keep Free of Mildew/Build-Up:

- ☐ Siding
- ☐ Basement walk-ups and surrounding areas
- ☐ Front stairs and sidewalks
- ☐ Decks, fences, sheds

Damaged Exterior Trim/Rotting Wood

- ☐ Trim around doors, windows, garage & corners
- ☐ Roof line (fascia and rake boards) trim and wrap
- ☐ Soffits are properly secured
- ☐ Windows (dormer, bay, etc.)
- ☐ Bump-out areas
- ☐ Porches, decks, sheds
- ☐ Mailbox post

Fresh Coat of Paint/Stain

A fresh coat should be uniform and consistent in appearance.

Application is required for color changes or new stains.

- ☐ Trim (exterior trim should have a consistent color throughout)
- ☐ Shutters, front doors, railings
- ☐ Fences, sheds, trash enclosures
- ☐ Mailbox post

Repair & Replace

- ☐ Falling/damaged lattice on decks and fences
- ☐ Fence/gate repairs such as warped, cracked, missing, and peeled (splintered) boards, including top rails

Home Exterior

- ☐ Missing shutters
- ☐ Loose siding or wrapped trim
- ☐ Crooked, missing, and broken light fixtures
- ☐ Damaged mailboxes (i.e. rusted, missing flags)
- ☐ Trash and recycling containers stored out of sight
- ☐ Garage doors in good condition (i.e. no dents/broken panels)

Landscaping

- ☐ Neat appearance of the lawn, free of weeds, and edged
- ☐ Landscape beds free of weeds, fresh mulch applied (no red)
- ☐ Bags of mulch, dirt, etc. properly stored out of view
- ☐ Remove dead bushes and trees (may need approval)

Exterior Modifications

*The following items require approval from the Modifications Subcommittee before starting these projects. This list includes common projects but is **not a complete list** of all projects needing approval:*

- ☐ Decks, fences, sheds, trash enclosures
- ☐ Paint/stain color changes
- ☐ Addition of storm/screen doors
- ☐ Play equipment, including trampolines and basketball goals
- ☐ Changes to light fixtures – if style/color/size are not the same as the originally installed fixtures
- ☐ Patios, walkways, retaining walls, pools
- ☐ Addition of lattice/privacy screens and change in building materials

Device Type	What Device Looks Like	How It Works	Typical Speed	Helmet Required?	License Required?	Registration / Plate?	Allowed on Sidewalks/ Trails?
Bicycle	Traditional pedal bike	Human-powered only	5–20 mph	Under 15	No	No	Yes
Class 1 E-Bike	Pedal-assist bicycle	Motor assists only while pedaling; assistance stops at 20 mph	Up to 20 mph	Under 15	No	No	Yes
Class 2 E-Bike	Bicycle with throttle	Can be powered by a throttle without pedaling; assistance limited to 20 mph	Up to 20 mph	Under 15	No	No	Yes
Class 3 E-Bike	High-speed pedal-assist bicycle	Motor assists only while pedaling; assistance stops at 28 mph	Up to 28 mph	Yes (all riders)	No	No	Often restricted on some trails
Moped-Style E-Bike	Fat tires, motorcycle-style bench seat, bicycle pedals	Electric motor; some are legal Class 2 or 3 e-bikes others exceed e-bike limits	20–40+ mph	Depends on classification	Usually No	Usually No	Depends on classification
Electric Scooter	Stand-up scooter	Electric motor controlled by throttle	Up to 20 mph	Under 15	No	No	Yes
Electric Dirt Bike (E-Moto)	Motorcycle-style electric dirt bike	High-powered electric motor; not typically classified as an e-bike	40–60+ mph	Yes	No (off-road)	No (off-road)	No
Dirt Bike (Gas)	Motorcycle-style off-road bike	Gas-powered off-road motorcycle	30–70+ mph	Yes	No (off-road)	No (off-road)	No

E-Bike and Micromobility Safety in Our Community



Electric bicycles and other micromobility devices are becoming increasingly common throughout our community, offering a convenient and eco-friendly way to travel short distances. Micromobility devices include e-bikes, electric scooters, hoverboards, and electric skateboards, and while they are a great alternative to driving, they also come with important safety responsibilities.

Recent events here in Loudoun County serve as an important reminder of these risks. In early June, a teenager riding an e-bike was seriously injured in a collision with a vehicle, prompting the Loudoun County Sheriff's Office to urge parents and riders to take e-bike safety more seriously. Officials emphasized that although these devices may look like traditional bicycles, they can accelerate quickly and reach higher speeds, which can lead to dangerous situations if riders are not fully attentive or experienced.

Because of this increased speed and limited physical protection, riders are considered vulnerable road users and must exercise extra caution. All riders

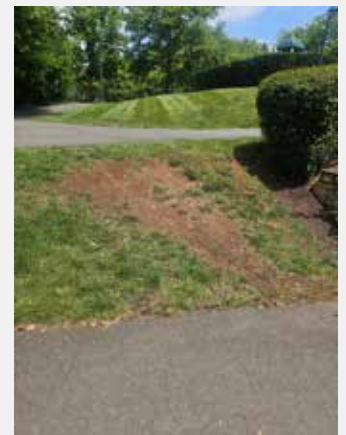
should obey traffic laws, follow posted signs, and yield to pedestrians at all times. E-bikes and similar devices should be used in appropriate areas such as bike lanes or low speed roads, and sidewalk riding should be avoided where not permitted. Riding too fast or failing

to watch for vehicles and pedestrians is a leading cause of accidents, and slowing down in busy or low visibility areas can make a significant difference.

Safety equipment is essential every time you ride. Wearing a properly fitted helmet is strongly encouraged and, for younger riders, may be required by law. Visibility is equally important, particularly during early morning or evening hours. Riders should use front and rear lights and consider wearing reflective or brightly colored clothing to ensure they can be seen by others. The increase in injuries associated with micromobility devices underscores how important these basic precautions are in preventing serious harm.

Parents and guardians play a critical role in keeping younger riders safe. The Loudoun County Sheriff has specifically urged parents to closely supervise children

Micromobility Safety continued on page 21



BROADLANDS POOL HOURS

Pool Season Runs May 23rd through September 7th

2026 POOL HOURS	SUMMERBROOKE 21580 Demott Dr 703-724-9818	COMMUNITY 43008 Waxpool Rd 703-724-7830	SOUTHERN WALK 43081 Village Dr 571-223-1331
Summertime Hours (Jun 13-Aug 16)			
Saturday – Sunday	10:00am – 8:00pm	11:00am – 8:00pm	12:00pm – 8:00pm
Monday – Friday	10:00am – 8:00pm	11:00am – 8:00pm	12:00pm – 8:00pm
Lap Swim – M-F (Jun 15-Jul 31)*		5:00am – 8:00am	
Lap Swim Long Course – M-F (Aug 3-Aug 14)*			5:00am – 8:00am
<i>*Check pool hours at broadlandshoa.com/pool for updates to lap swim dates</i>			
During School Hours (Aug 17-Sep 7)			
Saturday – Sunday	10:00am – 8:00pm	11:00am – 8:00pm	12:00pm – 8:00pm
Monday – Friday	10:00am – 8:00pm	CLOSED	4:00pm – 8:00pm
Labor Day – Monday (Sep 1)	10:00am – 8:00pm	11:00am – 8:00pm	12:00pm – 8:00pm

Special Events

Changes to Southern Walk Pool Hours

- Wed, Jul 1: **Swim meet** – closes at 4pm
- Thu, Jul 2: **Float Night**
- Thu, Jul 16: **Float Night**
- Sat, Jul 18: **Swim Team Party** – closes at 4pm
- Thu, Jul 30: **Float Night**

*For all pool related information,
visit broadlandshoa.org/pool*



Hosting A Pool Party?

To host a pool party at any of our pools, members must submit a **Pool Party Request Form** at least **5 business days in advance**. Party approvals are reviewed on a **case-by-case basis** and depend on occupancy, availability, and staffing. Pool parties are **not permitted** on the last day of school, on holidays, or during holiday weekends. Management reserves the right to limit access when necessary. Please be aware that pool decks and general pool areas are not available for reservation, except for the Recreation Pool area at the Community Center Pool. To rent the Recreation Pool, a **Recreation Pool Rental Form** must be submitted instead of the Pool Party Request Form. Rental fees apply for the Rec Pool. For more information, please email Julie at pools@broadlandshoa.com or call the HOA office at 703-729-9704, option 4.



2026 SWIM LESSONS

Learning to swim helps prevent water emergencies and reduces the risk of drowning.

PROUDLY OFFERING SWIM LESSONS SINCE 2008!



GROUP LESSONS

NEMOS

Build confidence & safety in water

SEA TURTLES

Fundamental water skills

DOLPHINS

Stroke development

SHARKS

Stroke improvement & refinement

8 LESSONS: \$150

PRIVATE LESSONS

BOOK AN INSTRUCTOR

One on one lessons or;
Up to 4 kids with similar skills & age

8 LESSONS: \$360

PROGRAM DETAILS

- 💧 Session start dates: 07.13 / 07.27 / 08.10
- *Registration deadline* is 1 week before session starts
- 💧 Each session is composed of 8 lessons, taught over 2 weeks
- 💧 Group lessons consist of 3-5 participants, some may differ
- 💧 Pre-session at some locations
- 💧 Registration and payments via our website only



REGISTER AT
HIGHSIERRAPOOLS.COM

BROADLANDS

POOL REGISTRATION

Pool Season is Memorial Day Weekend to Labor Day!

If you've previously registered for pool passes, you're all set. If not, please follow the instructions to set up virtual passes for your household. Registration is a one-time process and your passes stay active unless your residency changes.

CREATE YOUR VIRTUAL POOL PASSES

STEP 1 – CREATE HOUSEHOLD ACCOUNT: Visit cellbadge.com/Broadlands/register and fill in the “Initial Add Request” with your street number and name (no suffixes). HOA staff will process your request within 3 business days. You’ll receive an email confirmation once approved by an HOA staff member.

STEP 2 – ADD HOUSEHOLD MEMBERS: After confirmation, return to cellbadge.com/Broadlands/register and follow the “Enter or Update Household Members” instructions to request a PIN. Enter PIN to access the “Household Members,” and add all household members ages 5 and up.

- **Select the appropriate “Relation” category when adding members:**
 - **Owners** select “Owner - Adult” or “Owner - Child” for household members. Don’t forget to add yourself!
 - **Tenants** select “Tenant - Adult” or “Tenant - Child” for household members. Must have a valid AOS and Lease on file.
 - **Apartment Renters** select “Apartment - Adult” or “Apartment - Child.” Must pay first at broadlandshoa.org/pool.
 - **Nannies** - select “Other – Live-in Nanny.”
 - **Long-Term guests**, select “Other-Longterm.” Must pay first at broadlandshoa.org/pool.

Once all household members have been added, check the box to agree to the terms and click “**Complete Registration.**” *Note: Your registration will still be pending until you complete STEP 3 – PICTURES and receive confirmation of processing.*

STEP 3 – PICTURES: Email pictures of all household members aged 5 & up (proof of residency required for 18+):

- **Acceptable photos and restrictions:**
 - Adults: Drivers' license or passport showing proof of residency (other details can be redacted).
 - Children (5+): email a current headshot or ID. If aged 4 and under, no pass is required.
 - NO PHOTOS WITH HATS OR SUNGLASSES. NO GROUP PHOTOS.
- **How to submit photos:**
 1. Email photo(s) in either JPEG or PNG format to pools@broadlandshoa.com.
 2. Subject line of the email should be written as: “**pool photos – household last name.**”
 3. Save and attach each member's photo as a separate file to your email using the naming convention: “**address.firstname**” (i.e., 42001Ridgeway.Susan).
 4. All member names must correspond with the registered names in Cellbadge. Pictures will be processed within 3 business days.

READY TO GO TO THE POOL & FUTURE SEASONS:

- **Entering the pool:** After your registration is processed and you receive your confirmation email, your virtual pool passes are complete. No physical passes are issued; just provide your name and address to the lifeguard for verification upon arrival.
- **Register only once:** After your registration is complete, no additional actions are required for future pool seasons unless there are changes in the age or residency of household members.

ADDITIONAL INFORMATION

GUEST VISITS: Each year, your household account will receive 10 free guest visits. Additional passes can be purchased in groups of 10 at broadlandshoa.org/pool. Unused passes don’t carry over year to year. Members may bring up to 2 guests per person, or 6 guests per household at once.

TENANTS: You must have a current **Absentee Owner Statement (AOS)** and **lease** on file with the HOA before registering. Visit broadlandshoa.org/tenant for more information.

APARTMENTS: The Arbors and Van Metre Apartments tenants must **purchase a household pool membership before registering** at broadlandshoa.org/pool.

HOURS, RULES & CLOSINGS: Visit broadlandshoa.org/pool for information and updates.

QUESTIONS? Email pools@broadlandshoa.com or call 703-729-9704, option 4.

BROADLANDS

ADULT BINGO NIGHT

ENJOY GREAT FOOD, MUSIC, AND LIVELY
ROUNDS OF BINGO



\$15 PER TICKET ENTRY

BY.O.B.

FRIDAY
JULY, 10

BROADLANDS
COMMUNITY
CENTER 43004
WAXPOOL RD

DOORS OPEN
AT 6:00PM
GAME STARTS
AT 6:30PM

ONLINE REGISTRATION:

firstserviceresidential.myeventscenter.com/broadlands

VOLUNTEERS NEEDED! (21+) SCAN THE QR CODE TO SIGN UP

BROADLANDS RESIDENTS AND THEIR GUESTS ONLY

NO REFUNDS

SERVPRO

Presents

Free Concert Series

Hillside Park 🎵 43051 Waxpool Road

August 7th & September 4th - 5:30-9:00pm

October 2nd - 5:30-8:00pm



2026
LINE UP

AUGUST 7th

5:30 - DJ Audio AJ

6:45 - Cumberland Road

Faithful renditions of the biggest 90's country hits from Brooks & Dunn, Shania Twain, Garth Brooks, Alan Jackson, and more.

SEPTEMBER 4th

5:30 - DJ Brian

6:45 - Scott Kurt & Memphis 59

A unique brand of country music blended with old school outlaw grit with elements of guitar-driven rock.

OCTOBER 2nd

5:30 - The Reflex

They'll rewind the clock and take you "back in time" by recreating the sounds, looks, and intensity of the best songs of the 80's.

BROADLANDS LIVE! offers the enjoyment of listening to cool tunes in our very own natural amphitheater. Bring your dancing shoes and enjoy the awesome vibes of all the performers! Bring your own picnic or let our

food truck vendors make your evening that much easier with a stress-free night of fun. Don't forget your blankets & folding chairs! In addition, there will be face painters and balloon animals from 5:30-8:00pm.

PRESENTING SPONSOR

SERVPRO

Food Trucks at Concerts:

August 7th: Leo's Food Truck
Bruster's
September 4th: Two Smooth Dudes
Hershey Mobile
October 2nd: A Southern Fish Fry
Robeks

BYOB, but no glass permitted. Alcohol must be consumed in the beer garden.
Must be 21 years of age to consume alcohol - 100% ID check

This event is for Broadlands residents and their guests.

NO PETS ALLOWED | NO SOLICITING
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Broadlandslive.com



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POOLS



When Sounds Feel Too Big: Understanding Children's Noise Sensitivity

Submitted By: Dr. Michael Oberschneider, Founder and Director of Ashburn Psychological and Psychiatric Services

As a psychologist, I often meet parents who are genuinely perplexed by their child's intense reactions to everyday sounds. The whirl of a vacuum cleaner, the roar of an airplane, or the crack of fireworks can trigger distress that seems far beyond what most would expect. For some children and teens, this is not simply a dislike of noise; it may signal sensory sensitivity or, in other cases, a condition called misophonia.

Sensory Sensitivity vs. Misophonia: What's the Difference?

Understanding the distinction between sensory sensitivity and misophonia is crucial, as each represents a unique experience and often calls for a different approach.

Sensory sensitivity refers to heightened responses to environmental sounds. Children and teens with sensory sensitivity may react strongly to loud, sudden, or chaotic noises—like toilets flushing, sirens, or the bustle of crowded spaces. Their nervous system interprets these sounds as overwhelming or even painful, regardless of the source. Sometimes, sensory sensitivity is part of a broader sensory processing profile and may coexist with conditions such as anxiety, high-functioning autism, or ADHD -- but not always.

Misophonia, on the other hand, is marked by a strong emotional reaction -- often anger or disgust -- to specific, repetitive human-generated sounds. Common triggers include chewing, yawning, tapping, or throat clearing. The issue is not the volume or unpredictability, but the particular quality and repetition of the sound. Misophonia can occur in children and teens with otherwise typical sensory processing, and may or may not occur alongside other conditions.

Real-Life Examples from Practice

To illustrate these differences, here are a few examples from my clinical work (identifying details have been changed):

- Max, age eight, covers his ears whenever he hears loud noises such as toilets flushing or airplanes overhead. Even in everyday settings, he becomes visibly anxious and seeks out quieter spaces. Max's reactions are triggered by the volume and suddenness of sounds, not by any specific type of noise.
- Emma, age fourteen, wears headphones in social environments like school cafeterias or busy malls. She finds the mix of voices, music, and background noise overwhelming, and uses headphones to help her focus and feel comfortable. For Emma, it's the overall sensory load that is difficult—not individual sounds.
- Liam, age thirteen, cannot tolerate hearing others chew food, yawn, or talk with their mouths full. These specific sounds evoke immediate irritation and distress, prompting him to leave the room or ask others to stop. Liam's reaction is not about loudness, but about particular human-generated noises.

Summer Challenges: Fireworks, Travel, and Community Events

Children with sensory sensitivities and those with misophonia often face extra difficulties during the summer months. Seasonal events tend to bring more noise and unpredictability:

- Fireworks on the Fourth of July can be especially distressing, due to their volume and suddenness.
- Lawn mowers, construction, and outdoor gatherings add to the sensory load.
- Airplane travel, cruise ships, and crowded beaches introduce unfamiliar and intense sounds.
- Social events may increase exposure to triggering noises, whether environmental or human generated.

These challenges can lead to avoidance, anxiety, or behavioral struggles, making it harder for families to participate in summer activities.

Parent Guidance: Supporting Your Child

Whether your child's reactions stem from sensory sensitivity or misophonia, there are practical ways to help:

1. Prepare in Advance: Talk about upcoming events, describe the sounds and environments, and use visual schedules or social stories for younger children.
2. Offer Control: Provide noise-canceling headphones or earplugs. Let your child choose quieter spaces or take breaks as needed.
3. Create an Exit Plan: Identify a calm, quiet space your child can retreat to if overwhelmed.
4. Gradual Exposure: Practice tolerable levels of sound in controlled settings to build resilience over time.
5. Validate Their Experience: Acknowledge their discomfort ("I know loud noises feel really big to you") rather than minimizing it.
6. Travel Strategies: Bring familiar comfort items, schedule breaks, and allow extra time. Predictability and preparation can reduce anxiety.
7. Fireworks and Events: Watch from a distance, inside a car, or through a window. Consider quieter celebrations or alternatives.

When to Seek Help

If your child's sensitivity to sound interferes with daily life, consulting with a psychologist or occupational therapist can help clarify the underlying issue and provide tailored strategies. Early support can make a lasting difference, not just in how children cope with noise, but in how they experience the world.

Above all, remember children and teens with sensory sensitivities or misophonia are not being difficult; they are having difficulties. With understanding, planning, and appropriate support, families can help their children navigate a noisy world and participate more fully in summer activities and everyday life.

In Loving Memory of Sagwa

A Beloved Siberian Cat and Cherished Family Companion

Sagwa was more than a pet to our family. She was part of our everyday life, our routines, and our home. A purebred Siberian cat from Virginia Kittens, she came into our lives when she was only a few weeks old and quickly became one of the most loved members of our household. Her playful energy, curiosity, and companionship brought warmth and joy into our lives every single day.



From the very beginning, we cared for her the way many families care for a child. We hand-fed her as a kitten, researched the healthiest foods for hours, and probably spent more time browsing pet stores than shopping for ourselves. We changed her water daily, made time

for morning and evening play to keep her active, and even switched our cleaning and pest-control products to veterinarian-recommended pet-safe brands to ensure her environment was as safe as possible.

One of Sagwa's favorite activities was her daily walks alongside the townhouses. She loved exploring the outdoors safely, watching the world around her, and enjoying the fresh air. She loved chasing birds and squirrels, watching everything around her with curiosity, and making little "friends" along the way with neighbors who had come to recognize and adore her. Those walks became part of our family routine and some of our most treasured memories.

Like many loving pet owners, we did everything we could to keep her healthy. She had regular veterinary visits and always appeared to be doing well. That is why her large cell lymphoma cancer diagnosis came as such a devastating shock to our family and reminded us how silent and unpredictable illness in pets can sometimes be.

While Sagwa's veterinary team believed genetics likely played a significant role in her illness, environmental factors may also contribute to cancer in pets. Potential risks such as lawn-treatment chemicals, pesticides, discarded cigarette butts, and other environmental toxins deserve greater awareness and continued research. We hope communities and lawn-care providers will continue to post treatment schedules and warning signs so pet owners can protect their animals, and that pet food manufacturers will continue prioritizing the highest standards for ingredient quality and safety.

Most importantly, we hope Sagwa's story reminds others how precious our time with pets truly is. They depend entirely on us for their care, safety, comfort, and love, and in return, they give us companionship that is impossible to replace.

Though our home feels quieter without her, the memories she gave us will remain forever. She was never "just a cat." She was family, a gentle soul who brought comfort, laughter, and unconditional love every single day.

We share her story not only to honor her memory, but also in the hope that it encourages greater awareness, compassion, and care for the animals who depend entirely on us.

With love and remembrance,

The Baig Family



Broadlands Area Clubs and Groups

Includes Broadlands and surrounding Ashburn area clubs and groups. To be included on this list or if your club has an announcement or an event you would like published, please email Newsletter@broadlandshoa.com.

ASHBURN JUGGLERS

The Ashburn Juggling Society meets monthly. Meetings are open to jugglers of all skill levels and ages. We can teach anyone! For more info about meeting dates, locations and times, visit ashburnjuggling.wixsite.com/site. Questions? email info@ashburnjuggling.club.

ASHBURN TOASTMASTERS

Are you interested in improving your public speaking and leadership skills? We meet in the Broadlands Community Center, 43004 Waxpool Road, on the second and fourth Wednesdays of the month at 7:15pm. Guests are welcome. For more info, contact our VP of Membership at vpm-703053@toastmastersclubs.org or visit our website at ashburn.toastmastersclubs.org. No holiday meetings.

BROADLANDS CONSERVATION LANDSCAPE COMMITTEE

We are responsible for maintaining Broadlands' engagement in the National Wildlife Federation's Community Habitats Program. Join us to learn how you can help wildlife in and around Broadlands by contributing to greater biodiversity. Help us build a beautiful and more resilient future. Email BroadlandsWildlifeHabitats@gmail.com.

BROADLANDS EVENTS COMMITTEE

Broadlands has many events throughout the year that need volunteers. All you need to do is show up and be ready to have fun! Plus, volunteering is a great way to get to know your neighbors. *This month's meeting will meet on July 8th.* Meetings are virtual unless otherwise noted. For more info and the Zoom link, email Crystal Boswell, Events Manager, at events@broadlandshoa.com or go to <https://broadlandshoa.org/our-community/events/>.

BROADLANDS LIVE! COMMITTEE

The Broadlands Live Concerts will be held on August 7th, September 4th and October 2nd. To ensure these concerts are a success, the Committee relies greatly on volunteers. For volunteer opportunities, reach out to Jason at BroadlandsLive@broadlandshoa.com.

BROAD RUN DEMOCRATS

We are a group of like-minded, civically engaged neighbors who care about our community. We meet on the last Monday of the month. For more information, email Cory Brunet at cbrunet2@yahoo.com.

CUB SCOUTS & SCOUTS BSA

The Cub Scout program is designed for children grades KG-5, and Scouts BSA from grades 6-12. Troop 2970 (<http://troop2970.com>) meets at Our Saviors Way Lutheran; Troop 1154 (<https://ashburntroop1154.trooptrack.com>) meets at Eagle Ridge MS; Cub Scout Pack 1483 (Pack1483.org) meets at Hillside ES and serves the following elementary schools: Hillside, Mill Run, Waxpool & Moorefield Stn. To learn more about us, please visit: BeAScout.org.

EASTERN LOUDOUN 4-H CLUB

We are a local community club for kids ages 5 - 18. A variety of activities are offered throughout the year. Join the club to learn new skills, meet new friends, and have fun. Members attend monthly meetings in Ashburn, and we look forward to welcoming new families! Visit <https://easternloudoun4h.wixsite.com/club> or email loudoun4hleaders@gmail.com.

GIRL SCOUTS

Girl Scouts provides leadership training through STEM, outdoor experiences, skills badges, community service and entrepreneurship. For more information, please visit girlscouts.org.

GRIEFSHARE SEMINAR/SUPPORT GROUP

GriefShare recovery seminar and support group meets at Our Savior's Way Lutheran Church in Broadlands on Monday nights. For more info, please call Beth Anton at 703-470-8821 or visit griefshare.org.

JUNIOR WOMAN'S CLUB OF LOUDOUN (JWCL)

Make a Difference. Make Friends. Join JWCL! The Junior Woman's Club of Loudoun is comprised of women (average ages 25-45) dedicated to serving our community through volunteer projects, fundraising, leadership opportunities, and friendship. Whether you have a few hours a month or a passion for community service, there's a place for you. Learn more at jwcl.org.

MOMS CLUB OF ASHBURN

MOMS Club stands for Moms Offering Moms Support. Ashburn resident moms who organize events for us and our young kids. For more information, please contact momsclub.ashburn@gmail.com.

MOMS IN PRAYER – BRIAR WOODS

Broadlands Christian moms are invited to join us to pray for our children and our local schools. We meet in person every other Friday at 8:00am. Contact Becky for more information at 505-225-2451 or go to momsinprayer.org.

PRE-TEEN AND TEEN ASPERGER'S SOCIAL SKILLS GROUP

Run by Dr. Michael Oberschneider and Dr. Douglas Lipp. Group members work on coping and social skills development with Dr. Oberschneider. Dr. Lipp runs a parent group simultaneously that addresses various topics on parenting children and teens with Asperger's disorder. For more info, we invite you to call the practice at 703-723-2999.

REPUBLICANS FOR A BETTER WORLD

Join us for many different activities including service, conservation, politics and community. Lots of different projects on the agenda. For more information please email especial417@gmail.com.

VENTURING – TEEN GROUP FOR ADVENTURE SEEKERS

Crew 2970 is new to Broadlands. Venturing is a different kind of Scouting America program geared towards boys and girls 14-21 years of age. The program develops leadership, citizenship and character through a youth-led program which allows them to plan and execute their own adventures and activities. For more info on our upcoming activities, please contact Thomas.Price3@verizon.net or visit: BeAScout.org.

Microbidity Safety continued from page 12

using e-bikes and to understand the capabilities of the devices before purchasing them. Many e-bikes can reach speeds that younger or inexperienced riders may not be prepared to handle, and without proper guidance, they may not fully understand traffic rules or safe riding behavior.

We have also seen an increase in damage to community property associated with improper e-bike use. Riding off designated paths has led to torn and worn turf, and misuse of tot lot areas has caused damage to safety surfacing that is intended to protect children at play. In addition, there have been growing concerns about excessive speeds on our trail system, where riders are coming too close to walkers, joggers, and pets, creating unsafe situations and near collisions. These shared amenities are meant for everyone to enjoy, and their safety depends on responsible use. Parents are strongly encouraged to speak with their children about riding safely, respecting community spaces, and being courteous to others. Slowing down, staying on appropriate surfaces, and showing consideration for neighbors will help preserve our community and prevent accidents.

Proper parking, storage, and charging are also important parts of responsible micromobility use. Devices should be parked upright and kept clear of sidewalks, entrances, and accessibility ramps so that pathways remain safe and accessible. Batteries

should only be charged with manufacturer approved equipment and should not be left unattended for extended periods. Storing devices in a dry, safe location away from exits helps reduce potential safety hazards in the home.

Finally, courtesy and awareness help create a safer and more enjoyable environment for everyone. Riders should signal when turning or passing, provide a warning when approaching others, and always be respectful of shared spaces. These small actions can prevent accidents and promote a sense of community.

Micromobility devices are a valuable and growing part of modern transportation in Loudoun County, but as recent incidents have shown, they must be used with care. By following these guidelines and staying informed, we can all help ensure that our community remains safe for riders, pedestrians, and drivers alike.



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Fireworks Safety

Sourced from Loudoun Fire and Rescue, Public Education Division

Fireworks are often used to celebrate special events and holidays. However, that does not mean they are safe to use. Ahead of the Fourth of July, the Loudoun County Fire and Rescue Fire Marshal's Office wants you to plan for a safe holiday by choosing to attend a public display conducted by trained professionals. If you choose to use fireworks, proceed with caution and follow these safety tips!

DO:

- **DO** use only legal fireworks purchased from a retail stand with a Loudoun County Fire Marshal's Office permit.
- **DO** use fireworks outdoors, a safe distance away from homes, and steer clear of brush, leaves, and flammable substances. Keep a bucket of water or a garden hose nearby.
- **DO** maintain constant adult supervision.
- **DO** place fireworks on stable ground, never in a container, and ensure the device will not tip over when firing.
- **DO** soak spent fireworks in water for several hours before discarding into a fire-proof container. Keep the container outside, away from the home.

DON'T:

- **DON'T** use illegal fireworks. Fireworks that rise into the air, explode, travel laterally on the ground or emit projectiles are illegal to possess or use anywhere in Virginia.
- **DON'T** light fireworks indoors
- **DON'T** use fireworks while impaired by drugs or alcohol. Never allow young children to play with or ignite fireworks.
- **DON'T** light fireworks in your hand. Never point or throw fireworks at anyone.
- **DON'T** try to re-light a "dud" or malfunctioning firework. Treat these as spent fireworks, as they may still be active.

Visit **LOUDOUN.GOV/FIREWORKS** for more information.

In Case You Need a Hand . . .

NON-EMERGENCY

Ashburn Fire.....	703-729-0006
Dominion Virginia Power	888-667-3000
Fire Marshal	703-777-0333
Loudoun County Sheriff.....	703-777-1021
Loudoun Water (customer service)	571-291-7880
Loudoun Water (after hours)	571-291-7878
Poison Control	800-222-1222
State Police	703-771-2533
Washington Gas	703-750-1000

BROADLANDS COMMUNITY

Mailbox (Main Street Mailboxes)	571-379-8454
---------------------------------------	--------------

Snow Removal:

VDOT Streets	703-383-8368
HOA Streets	703-729-9704
Towing (Battlefield Towing)	703-378-0059
Trash Pickup (Patriot Disposal)	703-257-7100

Southern Walk HOA – Verizon FiOs Gigabit Internet Contract:

Customer Care Team	eastsupport.fsresidential.com or 800-870-0010
Verizon Retail Center	800-837-4966
SWHOA	info@swhoab.com or swhoab.com

PUBLIC INFORMATION

Animal Control/Shelter.....	703-777-0406
Building Permits & Dev.....	703-777-0220
County Landfill	703-771-5500
DMV (VA).....	800-435-5137
Health Department.....	703-777-0236
Library (Ashburn).....	703-737-8100
Loudoun Transit.....	703-771-5665
Loudoun Hospital	703-858-6000
Miss Utility.....	800-552-7001
Metro.....	202-637-7000
Parks and Recreation	703-777-0343
Loudoun County Commuter Services.....	703-771-5665
Road Conditions	800-367-7623
School Board.....	571-252-1000
Street Signs/Storm Drains.....	703-771-5666
VDOT	703-383-8368
Van Metre Homes	703-348-5800
Wildlife Hotline (local)	703-440-0800

SCHOOLS - BROADLANDS

Briar Woods High School.....	703-957-4400
Eagle Ridge Middle School.....	571-252-2140
Hillside Elementary School	571-252-2170
Mill Run Elementary School	571-252-2160

HOME SERVICES

CLEANING SERVICES:

Maria's Star Residential Cleaning has been servicing Loudoun and Fairfax counties for over 30 years with a small, dedicated team. Offering competitive rates and great references. Call Maria for a free estimate: (703)687-7628. Biweekly and monthly.

HOME REPAIRS AND SERVICES:

To include your needs for issues with: plumbing, electrical, water heater replacement, spigots, faucets, toilets, disposals, mailboxes, bathrooms, and more. Free estimates. Call or text: 571-426-2126.

MARKETPLACE/PROFESSIONAL SERVICES

MARY KAY:

Beat the Heat with Lightweight Hydration! Summer is here, and so is the need for refreshing hydration! *Mary Kay Oil-Free Hydrating Gel* keeps your skin cool, calm, and moisturized without feeling heavy. Perfect for all skin types, especially during hot weather. For a complimentary skincare session or samples, contact Deborah Leben at 703-217-4583, deborahlebenmk@gmail.com or visit marykay.com/dleben.

REAL ESTATE

PRIVATE OFFICES FOR RENT:

Broadlands/Ashburn. One Page Lease. Month-to-Month or Longer. \$300 to \$495 per Month. One Month Security Deposit Required. Landlord is an Associate Real Estate Broker in Virginia. Contact Lonnie Stock at 703-201-8579 or llsre@aol.com.

BROADLANDS

HOW TO PLACE A CLASSIFIED AD

- 1. COMPLETE ONLINE SUBMISSION FORM:** Visit broadlandshoa.org/newsletter. Select "Classified Ads" under the "Advertising Opportunities" tab and complete the online "Classified Ad Submission Form".
- 2. PAYMENT:** Select the "Classified Payments" button and input the full amount and credit card information. An HOA staff member will confirm receipt of the submission form and payment.

OTHER INFORMATION

- **TEXT LIMIT:** Classified ads are limited to 40 words maximum.
- **DEADLINE:** The online form and payment must be received by the 5th of the preceding month (i.e. Jan 5th for inclusion in Feb's issue).
- **CANCELLATIONS:** Refunds are permitted if cancelled before the deadline date.
- **QUESTIONS?** Please email info@broadlandshoa.com.

MONTHLY RATES:

- **RESIDENT RATES:** - \$15.00 per ad (\$15.00 per ad - "For Sale" ads are free for Residents only - limit 1 month)
- **NON-RESIDENT RATES:** - \$25.00 per ad

Please Note: Advertisers in the Broadlands Newsletter are not endorsed, supported, or vetted by the Homeowner's Association, the Board of Directors, or HOA Management. All advertisements are subject to approval of Broadlands Association, Inc., which reserves the right to reject or cancel any ad at any time.

Broadlands Blast

Interested in getting up to date community news in between monthly newsletters? Sign up for our e-bulletin, the Broadlands Blast or online at broadlandshoa.org/stay-connected.

Broadlandshoa.org

The Broadlands website gives you access anytime to find answers to most of your questions. Updates and reminders are posted to the main page as well.

Go Paperless

Go Paperless and Opt Out of hard copies of this monthly newsletter. If you would like to receive electronic copies only of this newsletter, please email OptOut@broadlandshoa.com and be sure to include your property address. You will no longer be mailed a hard copy, but will be emailed a link to the online version. This option saves money and valuable natural resources such as trees. We encourage all residents to enroll in paperless newsletters.

Keep Your Cool in Hot Weather!

Learn about heat-related illness and how to stay cool and safe in hot weather.

Sourced From: CDC - Centers for Disease Control and Prevention
High temperatures kill hundreds of people every year. Heat-related deaths and illnesses are preventable, yet more than 700 people die from extreme heat every year in the United States. Take measures to stay cool, stay hydrated, and stay informed. Getting too hot can make you sick. You can become ill from the heat if your body can't compensate for it and properly cool off.

The primary factors affecting your body's ability to cool itself during extremely hot weather are:

- High humidity. When the humidity is high, sweat won't evaporate as quickly. This keeps your body from releasing heat as fast as it may need to.
- Personal factors. Age, obesity, fever, dehydration, heart disease, mental illness, poor circulation, sunburn, and prescription drug and alcohol use can play a role in whether a person can cool off enough in very hot weather.
- People aged 65 and older are at high risk for heat-related illnesses. Those who are at the highest risk include people 65 and older, children younger than two, and people with chronic diseases or mental illness.

Closely monitor people who depend on you for their care and ask these questions:

- Are they drinking enough water?
- Do they have access to air conditioning?
- Do they need help keeping cool?

People at greatest risk for heat-related illness can take the following protective actions to prevent illness or death:

- Stay in air-conditioned buildings as much as you can. Air-conditioning is the number one way to protect yourself against heat-related illness and death. If your home is not air-conditioned, reduce your risk for heat-related illness by spending time in public facilities that are air-conditioned and using air conditioning in vehicles. Contact your local health department or locate an air-conditioned shelter in your area.
- Do not rely on a fan as your main cooling device during an extreme heat event.
- Drink more water than usual and don't wait until you're thirsty to drink.
- Check on a friend or neighbor and have someone do the same for you.
- Limit use of the stove and oven—it will make you and your house hotter.

Even young and healthy people can get sick from the heat if they participate in strenuous physical activities during hot weather:

- Limit your outdoor activity, especially midday when the sun is hottest.
- Pace your activity. Start activities slowly and pick up the pace gradually.
- Drink more water than usual and don't wait until you're thirsty to drink more. Muscle cramping may be an early sign of heat-related illness.
- Wear loose, lightweight, light-colored clothing.

If you play a sport that practices during hot weather, protect yourself and look out for your teammates:

- Schedule workouts and practices earlier or later in the day when the temperature is cooler.
- Monitor a teammate's condition and have someone do the same for you.
- Seek medical care right away if you or a teammate has symptoms of heat-related illness.
- Learn more about how to protect young athletes from heat-related illness by taking this CDC course, [cdc.gov](https://www.cdc.gov)

Everyone should take these steps to prevent heat-related illnesses, injuries, and death during hot weather:

- Stay in an air-conditioned indoor location as much as you can.
- Drink plenty of fluids even if you don't feel thirsty.
- Schedule outdoor activities carefully.
 - Wear loose, lightweight, light-colored clothing and sunscreen.
 - Pace yourself.
- Take cool showers or baths to cool down.
- Check on a friend or neighbor and have someone do the same for you.
- Never leave children or pets in cars.
- Check the local news for health and safety updates.

Broadlands Community Info

BROADLANDS ASSOCIATION, INC. ADMINISTRATIVE OFFICE:

21907 Claiborne Parkway
 Broadlands, Virginia 20148
 Main: 703-729-9704
 Website: broadlandshoa.org
 STAN AI, 24x7 assistance, text: 877-390-2462
 General Mailbox: info@broadlandshoa.com
 HOA Office Hours: Monday-Friday 9:00am to 5:00pm.

ASSESSMENT INFORMATION OFFICE

FirstService Residential: Payments and Resale Docs

Assessments: 800-870-0010 Fax: 703-591-5785
fsresidential.com ♦ ar.help@fsresidential.com

Mail Payments To:

FirstService Residential P.O. Box 30403 Tampa, FL 33630-3403

BROADLANDS ASSOCIATION STAFF & CONTRACTORS

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Receptionist & Community Center Rentals:

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William Kolster ♦ 571-438-2556

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Conservation Landscaping Committee: Jennifer Crane ♦

BroadlandsWildlifeHabitats@gmail.com

Events: Crystal Boswell ♦ events@broadlandshoa.com

Modifications: Robin Crews ♦ rcrews@broadlandshoa.com

Swim Team: broadlandsswimteam.org

Technology: Dawne Holz ♦ deholz@icloud.com

Racquet Sports: BroadlandsTennis@gmail.com

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- Ad, Payment and Insertion Order Form are DUE by the 1st of the month prior to the month of publication to guarantee insertion. Example: Total submission requirements due January 1st for placement in February's issue.
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